

My 2020

Covid-19

Time Capsule

Name: _____



You are living through history
right now.

Use this section of your capsule to fill with pages for your future self to look back on in the future.

Include:

- ✚ A diary of your time during lockdown;
- ✚ Some photographs of the time.
- ✚ Local newspaper clippings or printouts of online articles;
- ✚ Any artwork you have done during the time/pictures of new recipes you've tried/projects you have done (on the farm/helping parents);
- ✚ Special memories;
- ✚ Details of family members. What are they doing during lockdown?

Compile as much of the above list into your capsule.

My Lockdown Journal



Write a diary about your experiences in lockdown so far.

Describe:

1. Who you're with.
2. What you miss (family you don't live with/ friends/ school/ youth clubs/ sports/ GB/ BB, etc.)
3. What you've enjoyed (online/ cooking/ TV/ games/ music/ films/ series).
4. Your thoughts and hopes for the next few weeks.

Success Criteria

1. Describe examples in detail.
2. Use language features - adjectives/ verbs/ simile/ metaphor/ alliteration)
3. Include emotive language throughout by describing your thoughts and feelings.
4. Paragraphs.
5. Punctuation - full stops, capital letters, commas, exclamation mark, speech marks.

Date:

(add in own pages)

All About Me

Age: _____

Height: _____

Best Friends: _____

Favourites

Meal _____

Treat _____

TV show _____

Movie _____

Animal _____

Past time/hobby _____

Type of exercise _____

Song _____

Outfit in lockdown _____

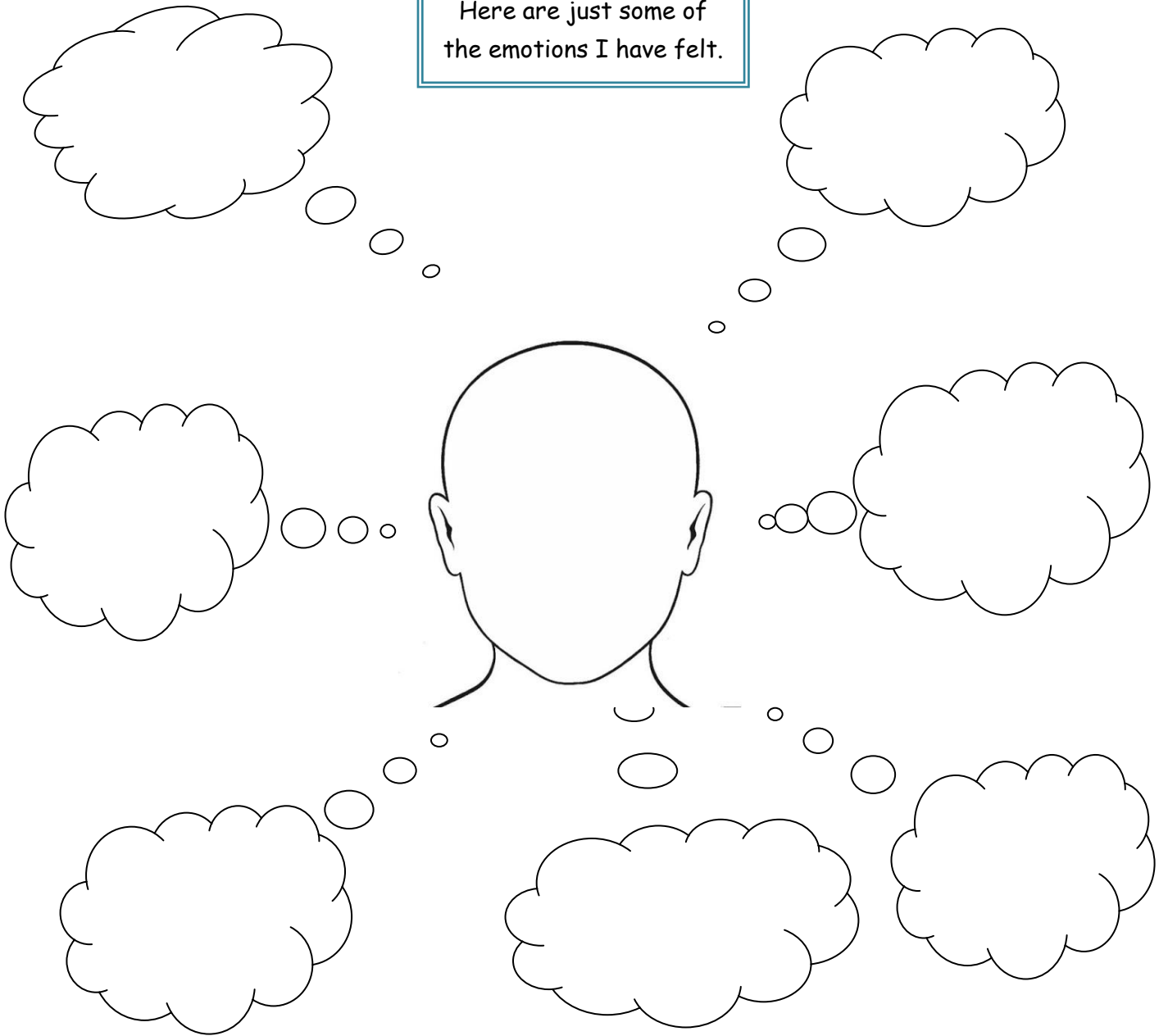
Way to connect with others _____

Any others? _____

Emotions

During "Lockdown" emotions are like a rollercoaster.

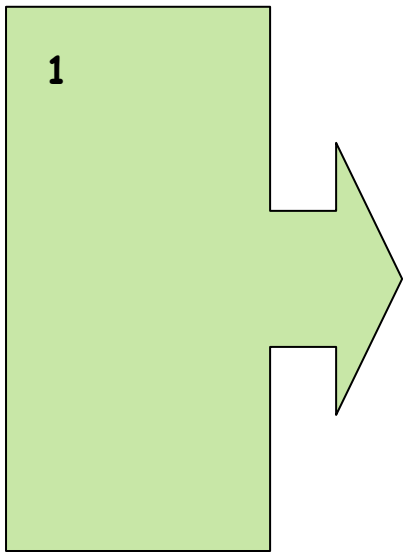
Here are just some of
the emotions I have felt.



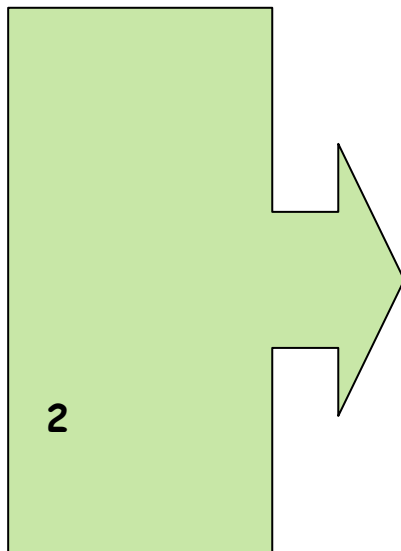
Emotions continued

Three things that help me deal with my emotions during lockdown.

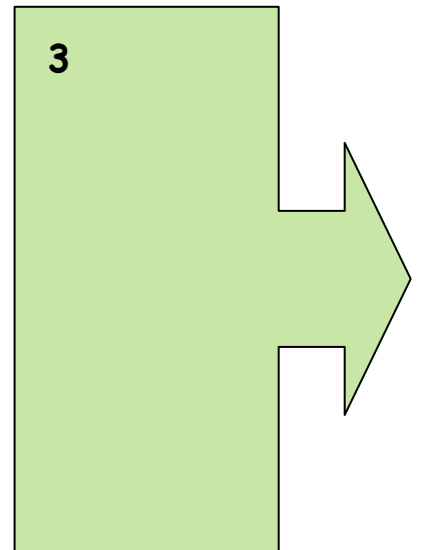
1

A light green arrow-shaped box pointing to the right, with the number '1' in the top-left corner.

2

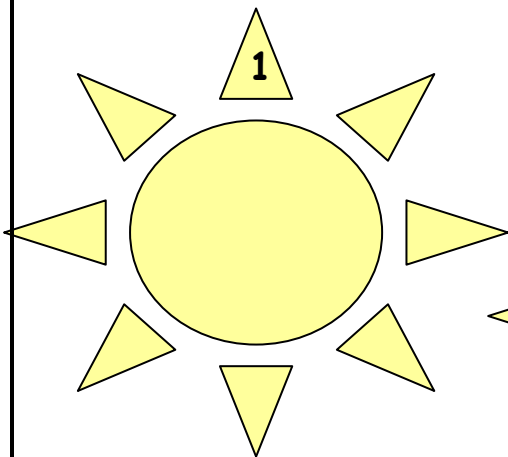
A light green arrow-shaped box pointing to the right, with the number '2' in the bottom-left corner.

3

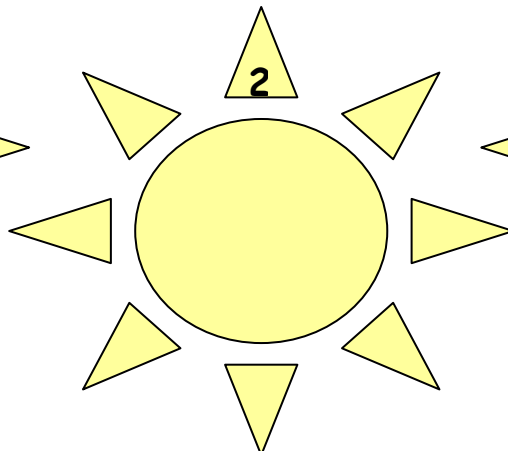
A light green arrow-shaped box pointing to the right, with the number '3' in the top-left corner.

Three things I can't wait to do when lockdown is over.

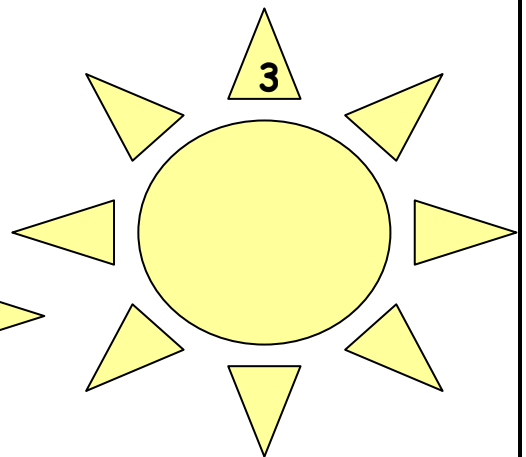
1

A yellow sun-shaped box with a central circle and rays, with the number '1' in a small triangle at the top.

2

A yellow sun-shaped box with a central circle and rays, with the number '2' in a small triangle at the top.

3

A yellow sun-shaped box with a central circle and rays, with the number '3' in a small triangle at the top.



Special Occasions

What special occasions did you celebrate during lockdown and how did you do it?

(eg, Birthdays, VE day, Easter, Anniversaries)

Event	Date	How did you celebrate
[Greyed out area]		
[Greyed out area]		
[Greyed out area]		

Interview time



Interview a parent/carer and write it up as a newspaper article.



Some questions you could ask are listed below, or you could make up your own.

- ✚ What do you think has been the biggest change since lockdown?
- ✚ How are you finding "home-schooling"?
- ✚ What are your standout memories of lockdown?
- ✚ What do you want to do as soon as lockdown is fully over?
- ✚ What are you most thankful for?
- ✚ Are there any changes you would like to make to life after lockdown to make it different from before?

Use the first empty box to make up an article title. Try to use a language feature in the title, such as alliteration or pun.



Remember to add into this capsule all the material from the list on page 2 of this document.

Make this a glimpse into your history that you will look back on in years to come.