

CAREERS SUPPORT FOR PARENTS AND CARERS

We know this is a concerning time due to the effects of Covid-19 (Coronavirus) but the Careers Service is still here to help you and your child in the months ahead.

Our Careers Advisers provide one-to-one career information, advice and guidance services.

To speak to a Careers Adviser please call **0300 200 7820**.

Our helpline is open Monday to Friday, 9:30am-4:30pm. You can also use our live chat or email an adviser - [Contact Us](#)

As a parent or carer, you have a leading role when your child is making decisions about their career. That's why it's important to be prepared and feel confident when they come to you for advice.

Our [Careers Service Website](#) has lots of help and advice.

Go to our [Give your child a helping hand section](#) for help on how to support your child through career decisions or check out our [Careers Service Parental Guide](#).



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