

## BALLYCLARE SECONDARY SCHOOL EXTRA CURRICULAR ACTIVITIES 2022/2023

Cookery Club	<b>Y9&amp;10 3-4 Tuesday Y8 begin after Christmas</b> Bring your own ingredients and a container. Recipe sheets will be given out in advance.
Homework Club	Monday-Thursday 3-4pm Pupils are offered the opportunity to complete their homework in the quiet and peaceful surroundings in the Library
Netball	Begins Wednesday 14 Sept 3-4pm weekly Y8 Assembly Hall Miss Paisley Y9-12 Gym Miss StewartThis fun, fast and skilful game requires many skills to be developed, we do this through ball skills, drills and match practice. We have competitive matches and play in both the High school and NEBSSA leagues. We have players of all abilities and everyone is welcome to come along and participate in the great game of Netball!Sept-March
Athletics	<b>April-June Summer Term</b> Girls are presented with the opportunity to participate in a range of running jumping and throwing events. Athletics teams compete in NEBSSA, District and Ulster competitions.
Orchestra	<b>Tuesday 3-4pm in Assembly Hall</b> All instrumentalists receiving lessons in school should attend this activity. We rehearse to play in Assembly twice a week and for concerts and festivals throughout the year.
Wind Group	<b>Tuesday 3-4pm</b> Meet together to look at more challenging music and rehearse for concerts and festivals throughout the year.
Year 8 & 9 Football Boys Practice	<b>Y8 Tuesday; Y9 Wednesday, Y10&amp;11 Thursday – 3-4pm</b> East Antrim League, East Antrim Cup, Northern Ireland Cup.
Year 8 Football Boys Matches	East Antrim League, East Antrim Cup and Northern Ireland Cup. Sept–November
Girls Football	<b>Thursday 3-4pm</b> Open to all Year Groups. Bring PE kit, football boots, shin pads
Hockey	<ul> <li>Y8&amp;9 begin Thursday 15 September 3-4pm weekly</li> <li>Coaches Miss Stewart, Miss Paisley and Miss Nugent. Keep an eye on PE noticeboard.</li> <li>U14, U16 and U18 squads begin Tuesday 6 September 3-4.10pm.</li> <li>No training on Tuesday 13, training commences Tuesday 20 again.</li> <li>Coaches Ms Oliver and Mrs Bothwell-Moore.</li> <li>Keep an eye on PE noticeboard/Google Classroom.</li> </ul>
Year 8, 9, 10, 11 & 12 Rugby Practice	Year 8 – Wednesday 3-4pm Mr Cowden, Mr McGuigan, Mr Cave Year 9 & 10 (U14) Tuesday 3-4pm Mr Cowden, Mr McGuigan Y11 & 12 (U16) Tuesday 3-4pm Mr Cowden, Mr McGuigan



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String Group	Tuesday 3-4pm
ns	Bringing together the String instrumentalists in the school to form a String ensemble. Pupils also will be involved in the Instrumental Group.
Junior Choir	Tuesday Junior Lunch for Y8&9 with Miss Francis.in Room 155         We will be performing in the school show and at different events throughout the school year. New and old members very welcome to come along and join in the fun.
Dance Club	<b>Thursday 3-4pm</b> beginning after the school production is finished. You will have so much fun!! It is open to both boys and girls in all years and no experience is required. Come and learn HIPHOP, modern and lyrical dances and compete in competitions like NICMAC and Ulster Dance and Fitness Championships.
Music Theory Group	<b>Friday 3-4pm</b> This is open to any pupils who wish to develop their theory in music especially important for pupils who need to have Grade 5 theory to progress in practical exams.
Schools Show Jumping Competition	To be confirmed
Basketball	Year 8 – Tuesday 3-4pm Year 9 – Thursday 3-4pm
Music Lessons	Weekly music lessons are offered on the following instruments: Strings, Brass, Woodwind, Piano, Voice, Drum Kit, Guitar, Piping and Snare Drumming. The cost of lesson is dependent on the instrument chosen and more information can be provided directly from the music department.