6 steps to bring happiness

Find: Find an average-size shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.





tearing the paper.

Pack: Gather the items, remove all plastic and cardboard packaging and pack into the box. Please choose items that will last rather than those with a short life and



For Christmas delivery your shoebox should be at your church, school or other collection point during the last week of October/beginning of November



Check: On the checklist. tick the items you have put in your shoebox and note any that are not on the list.

Donate: Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place on top of the items inside your box.



Deliver your box to your local collection point.



Please tick items included and firmly secure this list on your shoebox lid.

| (AL | SENTIAL ITEMS L ITEMS MUST BE NEW) | Toot |
|-------------------------------|---------------------------------------|-------------------------------------|
| | ase include the | Hat, |
| | owing items highlighted | Soap |
| in r | ed opposite. | Und |
| Toiletries (NO TALCUM POWDER) | | Soci |
| | Shampoo/Shower gel | Swe |
| | Face cloth/ Moist wipes Deodorant | NOTE* Sr |
| | Moisturising Cream Comb/Brush | A small gi |
| | Sanitary Products Shaving foam/Razors | * (No choo' 'Best befo |
| Mis | cellaneous | 31 March sweets, lo of sweets |
| | New Make-up | .5-1/4/510/0/54515/5/ |
| | Sewing Equipment | Do not incl items; war |
| | Household Candles | guns or kni |
| $\overline{\Box}$ | Screwdrivers/Pliers | hand-made |
| | Household products | than sweet Chocolate |
| Sta | tionery | books that |
| | Pens/Pencils/Sharpener | |
| | Notepads/ Colouring books | Please ti who the |
| | Rulers/Rubbers | age of the |
| Clothes and other Items | | <u>*</u> |

(T-shirts/Pyjamas/

Jumpers/Shirts) etc

.....

.....

|) | Toothbrush and Toothpaste | | | |
|-----|---|--|--|--|
| | Hat, scarf, gloves | | | |
| d | Soap | | | |
| | Underwear/ | | | |
| | Socks/Tights | | | |
| (3) | Small Toy* | | | |
| | Sweets* | | | |
| | | | | |
| | NOTE* Small toy for boys and girls | | | |
| | such as, cars, dolls, balls. | | | |
| | A small gift for teens and adults. | | | |
| | Please only include new items. | | | |
| | * (No chocolate or any other food) | | | |
| | 'Best before' date no earlier than | | | |
| | 31 March next year. No loose | | | |
| _ | sweets, lollies or undated bags | | | |
| | of sweets. | | | |
| | Do not include used or damaged | | | |
| | items; war related items such as toy | | | |
| | guns or knives or military figures; | | | |
| | hand-made or knitted stuffed toys; | | | |
| | chocolate or any food other | | | |
| | than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included. | | | |
| | | | | |
| | | | | |
| 1 | | | | |
| | Please tick the box next to | | | |
| ı | who the box is for and the age of the female or male | | | |
| ı | | | | |
| ı | you have filled this box for: | | | |
| | <u>.</u> | | | |
| | 🥐 🗌 Female 🖷 🦳 Male | | | |
| | Preschool age | | | |
| | Primary age | | | |

Teenager

Adult

Elderly

age.....

age.....

age.....

Checklist

Please tick items included and firmly secure this list on your shoebox lid.

| ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW) | Toothbrush and Toothpaste | |
|--|---|--|
| Please include the | Hat, scarf, gloves | |
| following items highlighted | Soap | |
| in red opposite. | Underwear/ | |
| Toiletries (NO TALCUM POWDER) | Socks/Tights Small Toy* | |
| ☐ Shampoo/Shower gel | Sweets* | |
| ☐ Face cloth/ Moist wipes | | |
| Deodorant | NOTE* Small toy for boys and girls | |
| ☐ Moisturising Cream | such as, cars, dolls, balls. A small gift for teens and adults. | |
| Comb/Brush | Please only include new items. | |
| ☐ Sanitary Products | * (No chocolate or any other food) | |
| ☐ Shaving foam/Razors | 'Best before' date no earlier than | |
| _ Chaving roam/mazoro | 31 March next year. No loose | |
| Miscellaneous | sweets, lollies or undated bags | |
| Now Make up | of sweets. | |
| New Make-up | Do not include used or damaged | |
| Sewing Equipment Household Candles | items; war related items such as toy guns or knives or military figures; | |
| Screwdrivers/Pliers | hand-made or knitted stuffed toys; | |
| = | chocolate or any food other | |
| | than sweets. Chocolate Eclairs and | |
| Stationery | Chocolate Limes are not allowed; books that are mainly words should | |
| ☐ Pens/Pencils/Sharpener | also not be included. | |
| ☐ Notepads/ | Please tick the box next to | |
| Colouring books | who the box is for and the | |
| ☐ Rulers/Rubbers | age of the female or male | |
| 4 (1 - 5 (1) | you have filled this box for: | |
| Clothes and other Items | Female Male | |
| (T-shirts/Pyjamas/ | n n | |
| Jumpers/Shirts) etc | Preschool age | |
| П | ☐ Primary age | |
| | ☐ Teenager age | |
| | Adult age | |
| | ☐ Elderly age | |
| | Liderry age | |
| | | |