

# ODYSSEY PARENTING YOUR TEEN PROGRAMME

I HATE THIS  
HOUSE!

You do  
my head  
in!

Get out of  
my room!

I DON'T WANT  
TO TALK ABOUT  
IT. LEAVE ME  
ALONE!

## SOUND FAMILIAR?

Helping you deal with  
the reality of living  
with teenagers

**Call to register:**

**0808 8010 722**

Mon-Thurs 9.30am-3.30pm

Fri 9.30am - 12.30pm

This programme is venue based and is open to parents living within the Northern Trust, however priority will be given to those living in the Antrim/Newtownabbey areas.

**Ballyclare**


Thurs 28th September -  
Thurs 16th November  
2023

Join us Every Thursday  
for 8 weeks

7.00 pm - 9.00 pm

**HSC** Public Health  
Agency  
Project supported by the PHA

Odyssey

 ParentingNI

*Parenting  
Your  
Teen*